

**NORTH DELTA  
SECONDARY  
&  
DELTA HOCKEY ACADEMY**

**Overview and Course Planning  
2025-2026**



1. Welcome
2. Our School and Staff
3. DHA Partnership and Staff
4. DHA Program and Structure
5. Course Selection Process
6. Important Dates & Questions

## **OVERVIEW**

# OUR SCHOOL

- First opened in 1957 and was the very first secondary school in North Delta
- Current Population: approx. 1400 students from Grade 4<sup>8</sup>
- We offer a full selection of academic and elective courses, and also a variety of extra-curricular opportunities



# NDSS: COURSE OPTIONS FOR EVERY LEARNER

**Academic courses:** We offer a full range of academic courses in English, Mathematics, Social Sciences/Humanities and Sciences

**Elective options:** We offer a variety of interest -based courses

-Fine & Performing Arts (Drama, Dance, Theatre, Drawing & Painting, Visual Arts, Media Arts, etc.)

-Applied Skills courses (Foods, Textiles, Maker Lab, Business, Woodwork, Auto Mechanics, etc.)

**Languages:** Multiple options including French, Punjabi and Spanish

**Support Services:** Programs and services to support all learners to achieve their full potential including Learning Support, ELL, SLP, ALT, GradQuest, SchoolQuest

**Career Programs:** Youth Train in Trades, Apprenticeship, and Work Experience

**University Bridge Courses:** Calculus 12

# NDSS ADMIN TEAM



**MS. SAHOTA**  
Principal



**MR. RICHARDS**  
Vice Principal  
Grade 8, 10 & 12



**MR. NIKIC**  
Vice Principal  
Grade 9, 11 & 12

# NDSS COUNSELLING TEAM



**Ms. Blouin**  
Gr. 9 & Gr. 8



**Ms. Bousserska**  
Gr. 10 & Gr. 8



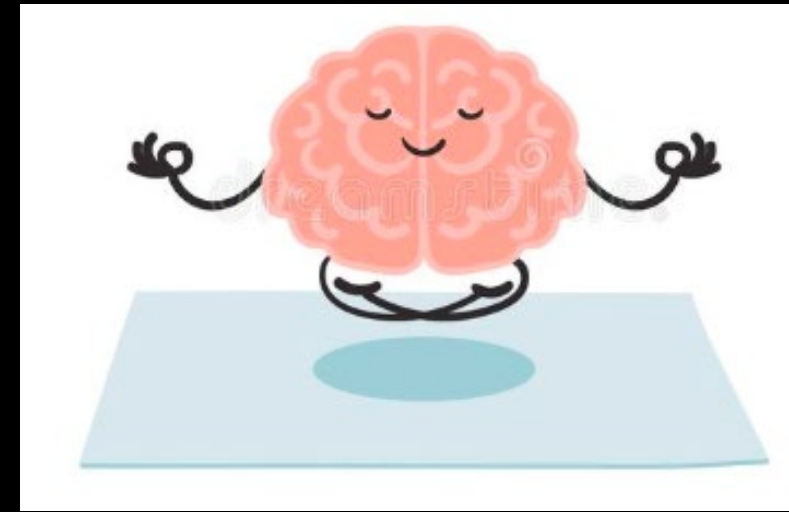
**Ms. Khaira**  
Gr. 11 & Gr. 8



**Ms. Cipriano**  
Gr. 12 & Gr. 8

**ND CHILD AND YOUTH CARE  
WORKERS (CYCW'S)**

**Ms. Kelsey Hardcastle  
Mr. Chase Rivera  
Ms. Ikjot Sandhu**



**ND MULTICULTURAL  
YOUTH WORKER(MCYW)  
&  
YOUTH EMPOWERMENT  
PROGRAM(YEP)**

**Mr. Rob Grewal**

# DHA STUDENT ADVOCATE

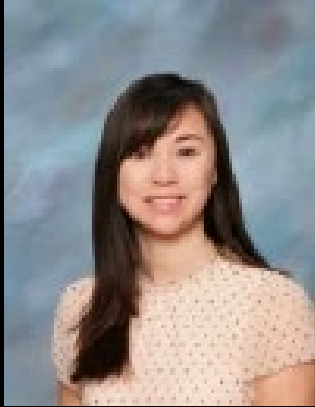
## Ms. Christine Niemar



- WORKS WITH ALL STUDENTS IN THE DHA PROGRAM
- COUNSELS AND GUIDES STUDENTS IN SELECTING, REGISTERING AND COMPLETING COURSES (BOTH IN PERSON AND ONLINE)
- HELPS SENIOR DHA PLAYERS WITH POST-SECONDARY APPLICATIONS AND LIAISING WITH JUNIOR TEAMS
- TEACHES ENGLISH 8 AND SOCIALS 8. WORKS COLLABORATIVELY WITH COACHES TO ASSIGN GRADES IN PE AND HOCKEY CLASSES.
- MAY TEACH CLE 10 OR CLC 12
- HELPS CONNECT STUDENTS IN THE PROGRAM WITH TEACHERS AT THE SCHOOL AND HELPS COMMUNICATE TEAM SCHEDULES TO NORTH DELTA TEACHING STAFF
- SERVES AS CONTACT PERSON FOR PARENTS IN THE PROGRAM.



# ND STAFF AT THE RINK



Ms. Jeanette Ostrom

- Math 9 and Science 9 Teacher
- May teach CLE 10 or CLC 12

OTHER STAFF – We will be hiring another teacher at the rink who will be teaching English 10-12 and possible CLE 10 or CLC 12

# KEY DHA STAFF/COACHES



IAN GALLAGHER  
PRESIDENT



OWEN PIGHIN  
VICE PRESIDENT  
DIRECTOR OF FEMALE HOCKEY



KATE WHEELER  
DIRECTOR OF BUSINESS  
DEVELOPMENT



BRITTANY KIRBY  
DIRECTOR OF MARKETING



BRENT THURSTON  
DHA SCHOOL LIAISON  
U17 ASST COACH

# THE DHA PROGRAM



- Students pursue their passion in hockey by combining high level coaching, practice and game play with their formal educational program.
- Accepted DHA students will be enrolled at North Delta Secondary
- DHA students' educational program consists of courses at NDSS and at Planet Ice
- Students in Grade 8, 9 and a few in grade 10 take their NDSS courses in the morning, and have their rinkbased courses in the afternoon
- Most students in Grade 10, and all Grade 11 and 12 students have their rink based courses in the morning and take their NDSS courses in the afternoon
- All instruction will be in person, with a subject teacher providing direct instruction whether at NDSS or the rink.

# GRADE 8 DHA: WHAT COURSES WILL I TAKE?

Everyone will take 4 courses at the RINK:

1. ENGLISH 8

2. SOCIAL STUDIES 8

3. HOCKEY 8

4. PHYSICAL EDUCATION 8

English and Socials are Semester courses. PE and Hockey are Yearlong courses.

Everyone will also take 4 courses at NDSS:

5. MATH 8

6. SCIENCE 8

7. FRENCH 8

8. EXPLORATIONS 8

# SAMPLE GRADE 8 DHA SCHEDULE

## SEMESTER 1:

DAY 1			DAY 2		
A	@ NDSS	Math 8	B	@ NDSS	Explorations 8
B	@ NDSS	Explorations 8	A	@ NDSS	Math 8
LUNCH	-----	----	LUNCH	----	----
	@ Rink	English 8		@ Rink	English 8
	@ Rink	PE 8, Hockey 8		@ Rink	PE 8, Hockey 8

## SEMESTER 2:

DAY 1			DAY 2		
A	@ NDSS	Science 8	B	@ NDSS	French 8
B	@ NDSS	French 8	A	@ NDSS	Science 8
LUNCH	-----	----	LUNCH	----	----
	@ Rink	Socials 8		@ Rink	Socials 8
	@ Rink	PE 8, Hockey 8		@ Rink	PE 8, Hockey 8

# GRADE 9 DHA: WHAT COURSES WILL I TAKE?

Everyone will take 4 courses at the RINK: Everyone will also take 4 courses at NDSS:

1. MATH 9

5. ENGLISH 9

2. SCIENCE 9

6. SOCIALS 9

3. PHYSICAL EDUCATION 9

7. ELECTIVE 9

4. HOCKEY 9

8. ELECTIVE 9

Math and Science are Semester courses. PE and Hockey are Yearlong courses.

The 2 Elective courses are chosen by students during course selection. One should be an ADST course, the other should be an Arts course. Students may select French 9 as an elective.

# SAMPLE GRADE 9 DHA SCHEDULE

## SEMESTER 1:

DAY 1			DAY 2		
A	@ NDSS	Elective 9	B	@ NDSS	Socials 9
B	@ NDSS	Socials 9	A	@ NDSS	Elective 9
LUNCH	-----	----	LUNCH	----	----
	@ Rink	Math 9		@ Rink	Math 9
	@ Rink	PE 9, Hockey 9		@ Rink	PE 9, Hockey 9

## SEMESTER 2:

DAY 1			DAY 2		
A	@ NDSS	English 9	B	@ NDSS	Elective 9
B	@ NDSS	Elective 9	A	@ NDSS	English 9
LUNCH	-----	----	LUNCH	----	----
	@ Rink	Science 9		@ Rink	Science 9
	@ Rink	PE 9, Hockey 9		@ Rink	PE 9, Hockey 9

# GRADE 10 DHA: WHAT COURSES WILL I TAKE?

Everyone will take 4 courses at the RINK:

1. CREATIVE WRITING 10
2. CAREER LIFE EDUCATION 10
3. PHYSICAL EDUCATION 10
4. HOCKEY 10

Everyone will also take 4 courses at NDSS:

5. SCIENCE 10
6. SOCIALS 10
7. MATH 10
8. ELECTIVE 10



# SAMPLE GRADE 10 DHA SCHEDULE

## SEMESTER 1:

DAY 1			DAY 2		
	@ Rink	PE, Hockey 10		@ Rink	PE, Hockey 10
	@ Rink	CLE 10		@ Rink	CLE 10
LUNCH	-----	----	LUNCH	----	----
C	@ NDSS	Socials 10	D	@ NDSS	Math 10
D	@ NDSS	Math 10	C	@ NDSS	Socials 10

## SEMESTER 2:

DAY 1			DAY 2		
	@ Rink	PE, Hockey 10		@ Rink	PE, Hockey 10
	@ Rink	Cr Writing 10		@ Rink	Cr Writing 10
LUNCH	-----	----	LUNCH	----	----
C	@ NDSS	Elective 10	D	@ NDSS	Science 10
D	@ NDSS	Science 10	C	@ NDSS	Elective 10

# GRADE 11 DHA: WHAT COURSES WILL I TAKE?

Everyone will take 4 courses at the RINK: Everyone will also take 4 courses at NDSS:

1. ENGLISH FIRST PEOPLES 11

2. CLC 12 (CAREER LIFE EDUCATION)

3. PHYSICAL EDUCATION 11

4. HOCKEY 11

5. a MATH 11 (several options)

6. a SOCIALS 11 or 12 (several options)

7. a SCIENCE 11 (several options)

8. one ELECTIVE 11 (many options)

Please visit <https://nd.deltasd.bc.ca/course-selection/> for course selection options

# SAMPLE GRADE 11 DHA SCHEDULE

## SEMESTER 1:

DAY 1			DAY 2		
	@ Rink	Eng First Ppls I I		@ Rink	Eng First Ppls I I
	@ Rink	PE, Hockey I I		@ Rink	PE, Hockey I I
LUNCH	-----	----	LUNCH	----	----
C	@ NDSS	Elective I I	D	@ NDSS	Science I I
D	@ NDSS	Science I I	C	@ NDSS	Elective I I

## SEMESTER 2:

DAY 1			DAY 2		
	@ Rink	CLC I 2		@ Rink	CLC I 2
	@ Rink	PE, Hockey I I		@ Rink	PE, Hockey I I
LUNCH	-----	----	LUNCH	----	----
C	@ NDSS	Socials I I	D	@ NDSS	Math I I
D	@ NDSS	Math I I	C	@ NDSS	Socials I I

# GRADE 12 DHA: WHAT COURSES WILL I TAKE?

Everyone will take 4 courses at the RINK: Everyone will also take 4 courses at NDSS:

1. ENGLISH STUDIES 12

2. CLC 12

3. PHYSICAL EDUCATION 12

4. HOCKEY 12

5. ELECTIVE 12

6. ELECTIVE 12

7. ELECTIVE 11 / 12

8. ELECTIVE 11 / 12

Please visit <https://nd.deltasd.bc.ca/course-selection/> for course selection options

# INDIGENOUS FOCUSED COURSES

The Ministry of Education requires all students to complete at least one course with an Indigenous focus to graduate in BC.

DHA Students will take the course below to satisfy the Indigenous requirement.

- English First Peoples 11

# PLAN COURSES CAREFULLY

It is critical that students select courses carefully and think about their plans beyond secondary school. The school will make every effort to get students into the courses they want, but there are limits to class sizes and there can be scheduling conflicts.

- Eg. Students planning to go to the NCAA must know what courses are required

# COURSE SELECTION: MY EDUCATION BC

<https://myeducation.gov.bc.ca/aspen/login.do>

- Students will be selecting courses through MyEd BC.
- MyEd will open for selection
  - February 26 to March 3
  - Support sessions will be offered by our counsellors. Students are asked to book an appointment with their counsellor via email



# COURSE INFORMATION

Students, Parents & Guardians can find information about the courses offered at NDSS next year by going on to our school's website:

[nd.deltasd.bc.ca/course-selection](http://nd.deltasd.bc.ca/course-selection)

This year's Course Booklet is found by selecting Course Planning under the Student Resources tab.



# COURSE BOOKLET



## North Delta Secondary

Home of the Huskies

[Language](#) [Parent Connect](#) [Contact](#)

[OUR  
SCHOOL](#)

[NEWS  
& EVENTS](#)

[PROGRAMS  
& COURSES](#)

[ACTIVITIES  
& CLUBS](#)

[STUDENT  
RESOURCES](#)

[PARENT  
COMMUNITY](#)

[LIBRARY  
& RESOURCES](#)

[COURSE  
SELECTION](#)

[ATHLETICS](#)

### Course Selection

[How to select Courses for  
Next Year](#)

[BC Graduation  
Requirements & Provincial  
Assessments](#)

[Graduation Planning Guide  
for the Current Grad](#)

## Course Selection

### Course Selection 2023-2024

[Course Selection: How to select Courses for Next Year](#)

[BC Graduation Requirements & Provincial Assessments](#)

[Graduation Planning Guide for the Current Grad Program](#)

# REGISTRATION

## VERY IMPORTANT

It is crucial that DHA families complete student registration as soon as possible. Students cannot be scheduled until registration is complete. As per District policy, ALL documents must be submitted before registration is complete.

Please see the Registration tab on the North Delta Secondary website under 'Our School' for detailed information on registration.

**Late August 2024:**

You will get a chance to come check out your new school!

- Scheduled tour of different classes and the school. Typically, these are done in small groups.
- Opportunity to meet some of us in person

**NEW  
STUDENT  
TOURS**

# QUESTIONS?

Contact:

Ms. C.Niemar, DHA Advocate  
[cniemar@deltaschools.ca](mailto:cniemar@deltaschools.ca)

Mrs. S. Sahota, Principal  
[soniasahot@deltaschools.ca](mailto:soniasahot@deltaschools.ca)

Mr. B. Richards, VicePrincipal  
[brichards@deltaschools.ca](mailto:brichards@deltaschools.ca)

Mr. V. Nikic, VicePrincipal  
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