

FLEX TIME

Student Ownership of Learning

Flex Time is a 40 minute period on Mon/Tues/Thurs/Fri between 1st and 2nd period for students to self-regulate and prioritize their learning. Flex time acknowledges that students lead busy lives and navigate competing demands for their time in and outside of school. Flex Time provides students the opportunity to self-direct and engage in their own learning.

While some school wide initiatives might occur during Flex Time, teachers will not be teaching new course material. Teachers will be accessible to students for additional help and guidance on current and ongoing learning. As this is school instructional time, students are expected to be in a classroom or designated learning space for the entire Flex Time period.



What are the benefits of Flex Time?

Flex time provides the opportunity to:

- complete assignments
- practice presentations
- study for tests and quizzes
- receive help from a teacher
- make progress on long-term assignments
- collaborate with classmates on group assignments
- reduce homework
- improve skills in a specific area
- engage in a personal passion project of interest



Where do students go during Flex Time?

Students are expected to be in one of their teacher's classrooms or a designated learning space such as the library, bring all required material and supplies needed, and be actively engaged in learning.

How do students sign up for a Flex class?

Students sign up for Flex classes using Student Connect. Students should plan their Flex schedule well in advance of the day of a class. Signing up in advance avoids classes being full and unavailable.



Is attendance taken during Flex Time?

Yes, attendance is taken. Students who do not sign up for Flex classes or do not attend the Flex classes they sign up for will be marked absent. Absences from Flex time will be recorded and viewable on Student and Parent Connect.



How can parents help?

Parents can support their children in making effective use of Flex Time by assisting them in planning their Flex schedule in advance. Parents should encourage their children to sign up for Flex classes in which they would benefit from assistance from a teacher, additional time to complete assignments and/or prepare for upcoming assessments.



Flex Time Schedule

Flex Time will take place each Monday, Tuesday, Thursday and Friday between 1st and 2nd period. Each Wednesday, school will begin at 9:30am.

Mon/Tues/Thurs/Fri

Period 1: 8:30 – 9:40am

Flex Time: 9:45 - 10:25am

Period 2: 10:30am – 11:40am

Lunch: 11:40am – 12:20pm

Period 3: 12:25 – 1:35pm

Period 4: 1:40 – 2:50pm

Wed

Period 1: 9:35 – 10:40am

Period 2: 10:45 – 11:50am

Lunch: 11:50am - 12:30pm

Period 3: 12:35 – 1:40pm

Period 4: 1:45 – 2:50pm